



COMMUNITY RESOURCES

for Iron and Surrounding Counties

Search for child care here:

<https://stage.worklifesystems.com/parent/3>

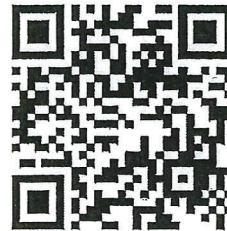
or scan this QR code:



Search for resources here:

familyresources.mo.gov

or scan this QR code:



Community Resources

St. Francois, Iron, and Surrounding Counties

Charitable Organizations	Information
East Missouri Action Agency	www.emaa.org
March of Dimes	(314) 513-9990 marchofdimes.org 11829 Dorsett Rd., Maryland Heights
Ministerial Alliance (St. Francois County)	Bonne Terre: (573) 534-7077 Farmington: (573)756-4654 Park Hills: (573) 431-1265
United Way of St. Francois County	(573) 760-8929 unitedwayofsfc.org 739 E. Karsch Blvd., Farmington
West County Hope Center	(573) 631-8126 206 Church St., Leadwood
Childcare Assistance	
Child Care Aware of Missouri	(314) 535-1458 or (800) 200-9017
County Offices	
Iron County Offices: 250 S. Main St., Ironton	Iron County Court House: (573) 546-2511 Assessor's Office: (573) 546-2912 Circuit Clerk: (573) 546-2511 Collector's Office: (573) 546-2911 County Clerk: (573) 546-2912 Presiding Commissioner: (573) 546-2915 Prosecuting Attorney Office: (573) 546-2333 Public Administrator: (573) 546-7555 Recorder's Office: (573) 546-2811 County Treasurer: (573) 546-7611
Madison County Offices:	Madison County Court House 1 Court Square, Fredericktown, MO (573) 783-2176
St. Francois County Offices	Annex Building 1 W. Liberty St., Farmington (573) 756-3623 or (573) 431-6505 Assessor Information Technology Auditor Public Administrator Collector Recorder of Deeds County Clerk-Treasurer County Commission University of Missouri Extension Court House 1 N. Washington St., Farmington (573) 756-3623 or (573) 431-6505 Circuit Clerk Drug Court/Family Child Support Enforcement Prosecuting Attorney Division Judges
Disabilities/Services	
Bureau of Special Health Care Needs	(573) 290-5830 471 Siemers Dr., Suite H, Cape Girardeau Authorized in-home medical services for Missouri Medicaid clients
Department of Mental Health	(800) 346-9687 Offices throughout the state that can help with developmental disabilities
First Steps	*(575)243-3222 701 E. Main St., Jackson, MO *(636) 584-7279 102 E. Springfield Ave., Suite 101, Union Missouri's early intervention program available to all eligible children ages birth until 3 years with developmental concerns
Ozark Valley Community Service (OVCS)	(573) 546-2418 310 Shepherd St., Ironton
Education & Employment Training	
Dress 2 Impress	(573)664-1711 117 E. Columbia St., Farmington, MO Offers a FREE interview attire program to help individuals in need of assistance to step out in confidence toward their career goals
Head Start	Refer to East Missouri Action Agency in your county

Community Resources

St. Francois, Iron, and Surrounding Counties

Manpower	(636) 931-6333 1162B E. Gannon Dr., Festus Provides testing, job training, and temporary/permanent job placement
MERS/Goodwill Farmington Career Center	(573) 756-1773 400 N. Washington St., Ste. 115, Farmington Job placement, job readiness training, and vocational evaluation services. Specializing in assisting individuals and families with barriers to employment.
The Excel Center-Goodwill	Cape Girardeau: (573) 271-5220 www.mersgoodwill.org Earn high school diploma for FREE adults 21+
Mineral Area College	Park Hills Campus: (573) 518-2157 5270 Flat River Rd., Park Hills, MO Fredericktown Campus: (573) 783-7932 1450 Madison 517, Fredericktown, MO Offers Arts and Science degrees as well as numerous career and tech/prep degrees and certificates. Student Aid programs available.
Missouri Job Center	(573) 518-2431 403 Parkway Dr., Suite A, Park Hills Employment training, skills assessment, One Stop Missouri Job Center, services for dislocated workers, youth, outreach to veterans, migrant/seasonal farm workers, and low-income individuals.
Parents As Teachers	Bismarck: (573) 734-6111 Central R-3: (573) 431-2616 Farmington: (573) 701-1300 North County R-1: (573) 431-3300 West County: (573) 562-2213 Arcadia Valley R-II: (573) 546-9700 Iron County C-4: (573) 244-5521 Bellevue R-3: (573) 697-5702 Valley R-6: (573) 766-5689 Fredericktown R-1: (573) 783-2570 Lesterville R-IV: (573) 637-2201 South Iron Co R-1: (573) 598-4240
Preferred Employment Services	(573) 431-5507 903 Chestnut St., Desloge Employment, resume services, and permanent job placements. Assisting families with barriers to employment and disabilities
Unitec Career Center	(573) 431-3300 Ext. 7 7163 Raider Rd., Bonne Terre Vocational training, assorted adult education classes, and HiSet (high school equivalent test) preparation.
Emergency Numbers	
Emergency	911
Non-Emergency Dispatch	St. Francois County: (573) 431-3131 (24 hours) Iron County: 1-435-586-9445 Madison County: (573) 783-2234
Poison Control	(800) 222-1222
Ambulance District	St. Francois County: (573) 431-0030 Iron County: (573) 546-3951 Madison County: (573) 783-7900
Sheriff's Department	Iron County: (573) 546-7051 220 S Shepherd St, Ironton, MO Madison County: (573) 783-2234 124 N. Main St., Fredericktown, MO St. Francois County: (573) 756-3252 1550 Doubet Rd, Farmington, MO
Family Services Housing Victimization	
Children's Advocacy Center of East Central Missouri	Farmington Office: (573) 756-4148 DeSoto Office: (636) 586-1806 Sexual abuse forensic interviews and exams, victim advocacy, mental health referrals, education regarding serious child abuse, collaboration among agencies. Children are referred by law enforcement agencies or Children's Division.
Community Support Specialist	(866) 583-2392 Help for families with child care, resources, and contacting First Steps.

Community Resources

St. Francois, Iron, and Surrounding Counties

East Missouri Action Agency	St. Francois County: (573) 431-5191 or (573) 431-0103 Iron County: (573) 546-3191 Madison County: (573) 783-5226 Cape County: (573) 334-5533 Washington County: (573) 438-3528
Family Support Division	St. Francois County: (855) 373-4636 or (573) 518-2585 Iron County: (573) 546-7463 Madison County: (573) 783-5596 Reynolds County: (573) 648-2401 Washington County: (573) 483-2121 Wayne County: (573) 223-3322 If you live in Annapolis Bellevue, Caledonia, Middlebrook, Pilot Knob, Ironton, or Arcadia Valley; contact: (573) 438-2121 If you live in Bismarck, Bixby, Black, Des Arc, Lesterville, Viburnum, Vulcan; contact: (573) 223-4236
Good Shepherd Children & Family Services	(573) 664-1330 11 Walker Dr., Farmington Offers foster care, expectant parent and pregnancy support and a full range of adoption services for children and families in needs.
Habitat for Humanity	(573) 760-1702 403 W. Columbia St., Farmington, MO Assisting low-income families of reaching their dream of owning a home.
SEMO Family Violence Council	(573) 358-3913 or 24-hour Crisis Hotline (800) 663-9929 Domestic violence crisis intervention, support groups, information and referrals, court advocacy, outreach support groups, parenting classes, sexual assault advocate
Lasting Solutions	(800) 444-0514 Orders of Protection
LEAD Institute	(800) 380-3323 Interpreter for hearing impaired (domestic violence)
Food Pantries	
Iron County	Arcadia Valley Food Pantry: (573) 546-3518 357 Hwy 21, Pilot Knob Tues. and Thurs 9 am-11 am; Contact Shirley Pennington. You must register by completing paperwork at the pantry.
	Bellevue Food Pantry: (573) 749-3230 Bellevue Methodist Church 3 rd Friday 9 am-11 am
	Viburnum Food Pantry: (573) 244-3320 Emmanuel United Methodist Church, 9 Maple St., Viburnum
	South Iron Food Pantry: (573) 598-1016 210 S Front St., Des Arc
Madison County	Madison County Food Pantry: (573) 783-9318 Tues. & Thurs. noon-2 pm Faith Family Worship Center: (573) 783-6680 Tues. 8 am-12 pm Harvest of Hope: (573) 300-3401 Mon-Fri Call for appointment Marquand First Baptist Church: (573) 944-4356
Reynolds County	Black River Baptist Church: (573) 269-4689 4 th Tues 9 am-12 pm Reynolds County Food Pantry: (573) 471-1818 3 rd Thurs. 8 am-1 pm
St. Francois County	Bismarck Church of God: (573) 701-4749 1101 Gifford St., Bismarck 2 nd and 4 th Saturday of each month, 9 am-10:30 am Elvis Food Pantry: (573) 518-1266 17 W. Main St., Park Hills Mon. and Friday 9 am-12:30 pm Farmington Ministerial Alliance Food Pantry: (573) 756-1917 765 Weber Rd., Farmington Mon, Wed, & Friday 9 am-12 pm Franckclay Church of the Nazarene: (573) 366-0986 Call for more information House of Praise Food Pantry: (573) 431-5300 6500 Dunn Rd., Desloge Thurs. 9 am-11 am

Community Resources

St. Francois, Iron, and Surrounding Counties

	<p>Immaculate Conception Food Pantry: (573) 431-2427 1020 W. Main St., Hwys 8 & Z, Park Hills Fridays 7:30 am- 9:30 am</p> <p>Parkland Hope Center: (573) 327-9200 601 Lewis St., Park Hills Community assistance program allowing working or non-working people to obtain food and household items at greatly discounted prices.</p> <p>St. Joe Catholic Church Bonne Terre: (573) 358-2112 Serves Bonne Terre and North SFC area. Monday 9 am-12 pm and 2nd Wed. of each month 5 pm-6 pm</p>
Washington County	<p>Life Church Food Pantry: 2nd & 4th Tuesday 9 am-12 pm</p> <p>New Life Evangelistic Center: (573) 483-8201</p> <p>Tiff Food Pantry: (573) 915-7422 2 Johnson Rd., Tiff</p> <p>Richwoods Community Pantry: (573) 678-2005 1005 Polar Rd., Richwoods</p> <p>University of MO Extension: (573) 483-2671 Nutrition education, SNAP sign-up assistance</p> <p>Well of Hope: (573) 631-9699</p> <p>St. Vincent DePaul Food Pantry: (573) 438-4686 3rd Sat. of every month</p>
Wayne County	<p>Lake Wappapello United Methodist: (573) 222-8012 2nd & 3rd Tues. 9 am- 12 pm</p>
Health	
	<p>Caring Communities: Serves children and families to improve health and ensure success in school. Affiliated with local school districts: Bismarck: (573) 734-6111 Central: (573) 431-2616 ext. 4121 Farmington: (573) 701-1395 North St. Francois County: (573) 431-3300 West County: (573) 562-7558 ext.3</p>
	<p>Great Mines Health Center: Farmington: (573) 664-1100 Dental (573) 664-1221 Medical Potosi: (573) 438-9355</p>
	<p>My Life Health Clinic: (573) 431-6013 1565 Ste. Genevieve Ave., Farmington 24-hour pregnancy crisis hotline (800) 712-4357</p>
	<p>ODACS: (573) 431-6290 or (888) 528-5781 Drug alcohol, DNA testing, and DOT physicals.</p>
	<p>Prescription Savings (PS) Card: (888) 516-2535 Free prescription savings card for individuals and families without coverage.</p>
	<p>Rural Parish Clinic: 454 Berry Rd., Bonne Terre Mobile Dental Van: (314) 225-4034 Call for scheduling Mobile Medical Van: (888) 870- 9610 First Monday of each month, 9 am- 3 pm.</p>
	<p>Upward Smiles Inc.: (573) 327-8010 or (855) 944-5437 2820 Anchor Dr., Farmington Dental screenings, preventative seals, and restorative care for Medicaid children ages 2-20. Offering deep sedation and nitrous oxide if requires. Sliding fee scale for qualified uninsured children.</p>
	<p>Crosstrails Dental Clinic: (573) 238-1110</p>
	<p>MO Highlands-Iron Co Dental Clinic: (573) 546-1001</p>
	<p>Rural Health Clinic: (573) 546-0184</p>

Community Resources

St. Francois, Iron, and Surrounding Counties

	Specialty Clinic at Rural Health Clinic: (573) 546-8036
	MO Highlands: Annapolis Family Clinic (573) 598-4213 Ellington Family Clinic (573) 663-2525 Iron County Medical Clinic (573) 546-0602 Health Care of Wayne County (573) 223-4800 Viburnum (573) 244-5406
	Austin Plaza Primary Care Clinic: (573) 438-8500
	Healthway Primary Care: (573) 438-2977
	Potosi Rural Health Clinic: (573) 438-1778
	Madison Medical Center Urgent Care Clinic: (573)783-4111
Health Departments	
	Iron County: (573) 546-7121 606 W Russell St, Ironton, MO 63650 Madison County: (573)783-2747 105 Armory St., Fredericktown, MO St. Francois County: (573)431-1947 1025 W. Main St., Park Hills, Mo
Homeless Shelters	
	Shared Blessings Homeless Shelter: (573) 358-2998 518 Grove St., Bonne Terre
	United Rescue Mission (Butler County): (573) 785-4683 serves transient men
	The Amen Center (Cape County): (573) 794-2900
	Safe House for Women (Cape County): (800) 341-1830
	Center for Family Resources (Dunklin County): (573) 276-5500
	Jefferson County Rescue Mission, Inc.: (314) 457-0390
	Perryville Family Crisis Center: (573) 547-2480
	A Friends Place (St. Francois County): (573) 358-4461 Domestic Violence Center
	Missouri Baptist Children's Home: (800) 264-6224
	Recycling Grace Women's Center: (573) 686-3333 rgwc.org Maternity Home
Hospitals	
	Parkland Health Center (2 Locations): Bonne Terre: 7245 Raider Rd. (573) 358-1400 Farmington: 1101 W. Liberty St. (573) 756-6451
	Mercy Hospital: Festus: 1400 US HWY 61 (636) 933-1000 St. Louis: 615 New Ballas Rd. (314) 251-6000
	Iron County Medical Center: 301 N Hwy 21 Pilot Knob, (573) 546-1260
	Barnes Jewish: 1 Barnes Jewish Plaza, St. Louis (314) 747-3000
	Cardinal Glennon Children's Hospital: 1465 S. Grand, St. Louis (314) 577-5600
	Missouri Baptist: 3015 N. Ballas Rd., St. Louis (314) 996-5000
	Shriner's Hospital for Children: 4400 Clayton Ave., St. Louis (314) 432-3600
	Children's Hospital: 1 Children's Place, St. Louis (314) 454-6000
Important Numbers	
	BJC Behavioral Health Crisis Hotline: (314) 469-6644

Community Resources

St. Francois, Iron, and Surrounding Counties

	Child Abuse Hotline: (800) 392-3738	
	Child Support Enforcement: (800) 859-7999	
	Crisis Hotline: TEXT 988	
	Domestic/ Family Violence Shelter/Sexual Assault: (800) 663-9929	
	Drug Abuse & Referral: (800) 662-4357	
	Family Support Crisis: (800) 811-4760	
	Food Stamps/Medicaid/SS for the Blind: (800) 392-1261	
	Legal Aid Services: (800) 748-7456	
	Mental Health Crisis Line: (800) 811-4760	
	Missing/Exploited Child: (800) 843-5678	
	MO HealthNet: (888) 275-5908	
	National Human Trafficking Hotline: (888) 644-5886 or Text: 233733	
	Poison Control: (800) 392-9111	
	National Runaway Safe Line: (800) RUNAWAY	
	School Violence: (866) 748-7047	
	Teen Suicide Prevention: (888) 644-5886	
	Women Infant Children (WIC): (800) 392-8209	
Mental Health/Counseling Services		
	BJC Behavioral Health: (573) 756-5353 or (888) 331-5111 1085 Maple St., Farmington	
	Bridge of Hope Ministries: (573) 701- 9861 400 N. Washington, St. Suite 113, Farmington	
	My Turning Point Counseling: (573) 631-5286 530 Doss St., Farmington	
	Presbyterian Children's Home and Services (PCHAS): (573) 756-6744 1012 PCHAS Way, Farmington	
	SEMO Behavioral Health: (573) 664-1629 1103 Weber Rd., Farmington	
	Tender Hearts Child Therapy Center: (573) 218-9653	
	Community Counseling Center: (573) 783-4104	
	Mineral Area Psychiatric Services, LLC: (573) 664-1047	
	MO Delta Medical Center: (573) 472-7525	
	Hafner Counseling Services, LLC (573)783-9977 129 E. Main St., Fredericktown, MO	
	Madison County Recovery Allies: (573) 746-1820 129B E. Main St., Fredericktown, MO	
	Dr. Richard McGraw, MSW, LCSW: (573)576-8881 203 Cabanne Ct., Bonne Terre, MO	
	Modern Mental Health: (573)222-0096 151 S. Main St. Suite B, Fredericktown, MO	
	New Life Recovery: (573)944-4010 600 Sargent Dr., Fredericktown, MO	
	Raising a Village: (573)327-9841 103 Straus Dr., Park Hills, MO	
	Carol Thurman, LPC, LLC, Counselor: (573)760-3758 400 N. Washington St., Farmington, MO	
Transportation		
SMTS (Southeast Missouri Transportation Service)	Cater: (800) 392-0754 St. Francois: (573) 431-5765 Dent: (573) 729-3133 Iron: (573) 546-2815 Madison: (573) 783-5505	Reynolds: (573) 778-7387 Wayne: (573) 223-4605

Community Resources

St. Francois, Iron, and Surrounding Counties

Youth Opportunities	
	Young Faith in Christ: (573) 747-1705
	4-H Clubs: (573) 756-4539 University of Missouri Extension

Treatment Resources

Below is a guide for **Iron, Washington, St. Francois, and Madison Counties** in Missouri that includes detoxification, outpatient, inpatient, and support services, such as counseling and group therapy, as well as helplines and government resources.

General Resources and Hotlines	
Missouri Department of Mental Health (DMH)	Website: dmh.mo.gov Provides statewide resources for substance use treatment, crisis services, and community-based support. Helpline: 1-888-863-4951 (Statewide Substance Abuse & Mental Health Assistance)
Missouri Crisis Line	Helpline: 1-800-356-5395 Available 24/7 for mental health and substance abuse crises.
SAMHSA National Helpline (Substance Abuse and Mental Health Services Administration)	Helpline: 1-800-662-HELP (4357) Confidential, free help for individuals facing substance abuse or mental health challenges.
Treatment Centers	
Iron County	Missouri Highlands Health Care Location: 101 N. 1st St., Ironton, MO 63650 Services: Medically Assisted Treatment (MAT) for substance use disorders, outpatient counseling, therapy, and mental health services. Phone: (573) 546-6012 Website: https://missourihighlands.org/ Notes: Missouri Highlands provides comprehensive mental health and substance use services, including MAT, counseling, and community outreach. They are a key resource in Iron County for addressing substance use and recovery.
	Iron County Medical Center Location: 201 N. Main St., Pilot Knob, MO 63663 Services: Emergency services, detoxification, and inpatient treatment programs for substance use. Phone: (573) 546-1060
Washington County	Washington County Mental Health Location: 1317 High St., Potosi, MO 63664 Services: Outpatient services for mental health and substance use issues, including individual therapy and group therapy. Phone: (573) 438-6866
	Health Recovery Center Location: 5139 Highway 47, Potosi, MO 63664 Services: Detox services, inpatient and outpatient rehabilitation programs, and long-term recovery support. Phone: (573) 438-9748

Treatment Resources

Iron, Washington, St. Francois, and Madison Counties

	<p>Life Skills Counseling Service Offered: MAT, substance use disorder counseling, and outpatient treatment. Location: 303 W. Main St, Potosi, MO 63664 Phone: (573) 438-2173 Website: Life Skills Counseling Notes: Life Skills Counseling provides a range of mental health and substance use treatment services, including MAT, for residents of Washington County.</p>
	<p>Iron Mountain Counseling Service Offered: MAT and behavioral health services. Location: 101 N. Main St, Potosi, MO 63664 Phone: (573) 438-1076 Notes: Offers outpatient services, including MAT and therapy for individuals battling opioid and other substance use disorders in Washington County.</p>
St. Francois County	<p>Saint Francis Medical Center – Farmington (Dr. Offering MAT) Location: 1000 W. Liberty St., Farmington, MO 63640 Services: MAT (Buprenorphine/Suboxone), outpatient counseling, and integrated care. Phone: (573) 756-6461 Notes: Saint Francis offers outpatient MAT services for individuals struggling with opioid use disorder. A specific doctor at Saint Francis Medical Center provides MAT services, including Suboxone prescriptions.</p>
	<p>Southeast Missouri Behavioral Health (SEMO Behavioral Health) Location: 1251 N. State St., Farmington, MO 63640 Services: Outpatient services, including detox, outpatient therapy, and case management for substance use. Phone: (573) 431-4020 Notes: SEMO Behavioral Health offers MAT and additional treatment services for substance use issues in Farmington and surrounding areas.</p>
	<p>Burrell Behavioral Health – Farmington Location: 412 W. Karsch Blvd., Farmington, MO 63640 Services: Outpatient services, therapy, and crisis intervention for substance abuse and mental health disorders. Phone: (573) 756-2139</p>
	<p>Addiction Recovery Services of Missouri Location: 407 N. Washington St., Farmington, MO 63640 Services: Residential treatment, outpatient services, and aftercare for substance abuse recovery. Phone: (573) 747-2399</p>
	<p>Saint Francis Clinic Location: 515 Maple Valley Dr. Farmington, Mo 63640 Phone: 573-760-7920 Website: sfmc.net</p>

Treatment Resources

Iron, Washington, St. Francois, and Madison Counties

	Shared Blessings Location: 518 Grove St PO Box 456 Bonne Terre Mo 63628 Phone: 573-358-2998 Website: sharedblessingsshelter.com
Madison County	Madison County Counseling Services Location: 106 S. Main St., Fredericktown, MO 63645 Services: Outpatient counseling, individual therapy, and substance abuse treatment. Phone: (573) 783-7320
	Crisis Stabilization Unit (CSU) – Madison County Location: 607 N. State St., Fredericktown, MO 63645 Services: Emergency detoxification services, short-term care, and stabilization. Phone: (573) 783-4747
	Southeast Missouri Behavioral Health Service Offered: MAT, outpatient counseling, and treatment services. Location: 403 N. Main St, Fredericktown, MO 63645 Phone: (573) 783-8233 Website: Southeast Missouri Behavioral Health Notes: SEMO Behavioral Health provides MAT as part of a broader range of services for substance use treatment. They offer outpatient and intensive outpatient programs in Madison County.
Additional Treatment and Recovery Services	
Missouri Recovery Network (MRN)	Website: www.missourirecoverynetwork.org Provides a directory of recovery resources in Missouri, including peer recovery support services and sober living options.
Nar-Anon Family Groups	Website: www.nar-anon.org Support groups for families and friends of individuals dealing with addiction.
Alcoholics Anonymous (AA)	Website: www.aa.org Phone: 1-212-870-3400 Provides support groups and meetings for individuals struggling with alcoholism.
Narcotics Anonymous (NA)	Website: www.na.org Provides support groups for individuals struggling with narcotic addiction.
Supportive Housing and Aftercare	
New Beginnings Recovery Center	Location: 116 W. Columbia St., Farmington, MO 63640 Services: Offers sober living options and aftercare programs for individuals transitioning out of treatment programs. Phone: (573) 701-2285
The Phoenix House	Location: 2345 E. Main St., Farmington, MO 63640 Services: A halfway house that provides recovery services and housing for men and women in recovery. Phone: (573) 756-4800

Treatment Resources

Iron, Washington, St. Francois, and Madison Counties

Community and Peer Support Programs	
The Missouri Peer Recovery Support Specialist Program	Services: Offers recovery coaching and peer support services for individuals in recovery from substance abuse. Phone: (573) 751-5200
Recovery Community Centers	
Missouri Network for Opiate Reform & Recovery	4022 S. Broadway St. Louis Mo 63118 844-732-3587 monetwork.org
Springfield Recovery Community Center	1925 E. Bennet St. Springfield Mo 65804 417-368-0852 spfdrcc.org
Healing House Inc.	4505 St John Ave Kansas City Mo 64123 816-920-7181 healinghousekc.org
St. Louis Empowerment Center	907 Dock St. St. Louis Mo 63147 314-652-6100 dbsaempowerment.org
The Reentry Opportunity Center "The ROC"	2108 Paris Rd. Columbia Mo 65202 573-607-9372 comoroc.org
LIFE Recovery Community Center	4145 Kennerly Ave St. Louis Mo 63113 314-449-1333
Landmark Recovery Center	204 Metro Dr Jefferson City Mo 65109 573-635-3065 landmarkrecoveryjcmo.com
We Do Recover	715 Broadway St Cape Girardeau Mo 63701 573-803-0234 gibson-center.com/services/we-do-recover-community-center
Local Support Groups (AA & NA)	Various local chapters in the counties mentioned offer regular meetings. Check the AA or NA websites for schedules or call the local helplines for information.
SMART Recovery	Website: www.smartrecovery.org A science-based recovery program offering free support groups and resources for people in recovery.
Emergency and Crisis Services	
National Suicide Prevention Lifeline	Phone: 1-800-273-TALK (8255) Call, Text, Chat: 988 Available 24/7 for individuals experiencing a crisis.
Never Use Alone Hotline	Phone: 1-800-484-3731 Website: NOMODEATHS.org
Crisis Intervention Services	Phone: 1-800-356-5395 Available for mental health and substance abuse emergencies.
911 (Emergency Services)	For immediate emergency medical assistance related to substance abuse (overdose, intoxication, etc.).